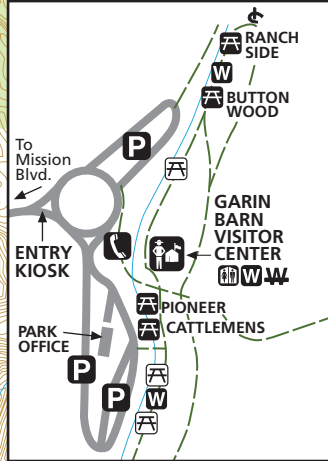


IN ORDER TO REDUCE OR PREVENT THE RISK OF SERIOUS HEAD INJURY OR DEATH, STATE LAW REQUIRES THAT ALL BICYCLISTS UNDER AGE 18 WEAR AN APPROVED HELMET WHILE RIDING ON TRAILS AND ROADWAYS. THE DISTRICT ALSO STRONGLY RECOMMENDS THAT ALL EQUESTRIANS AND BICYCLISTS WEAR HELMETS AT ALL TIMES.

**MEMBERSHIPS**  
The Regional Parks Foundation offers Memberships to park users. For information, see [www.regionalparksfoundation.org](http://www.regionalparksfoundation.org), or call 95100544-2203.



**LEGEND**

- Hikers, Horses & Bicycles
  - - - Hikers and Horses
  - ⋯ Hikers Only
  - Stream or Creek
  - P** Parking
  - Restroom
  - Telephone
  - W** Water
  - Horse Water
  - Visitor Center
  - Picnic
  - Reservable Picnic
  - Reservable Camp
  - Horseshoe Pit
  - Pond Scale
- 0 1/4 1/2 Mi.  
Contour interval 20 feet left of north arrow, 40 feet right of north arrow.  
Mileages courtesy Hal MacDonald

**The Park by Public Transit:**  
Take AC Transit bus #21 from Union City BART north (towards Hayward) and disembark at Tamarack Drive at Mission Blvd. Walk east up Tamarack less than one-half mile to trailhead. Or take AC Transit bus #21 from South Hayward BART south (towards Union City) and disembark at Garin Avenue and Mission Blvd. Walk one mile east uphill (steep) on Garin Avenue to park entrance and Visitor Center. Both buses run every 30 minutes on weekdays and Saturdays, and every 60 minutes on Sundays and holidays. AC TRANSIT and BART info: 511 or 817-1717 (TDD/TTY: 1-800-448-9790)

**PARKLAND RULES**

Welcome to your Regional Parklands. Help protect park resources and ensure an enjoyable visit for everyone by complying with these rules and any posted regulations. The Park District's Ordinance 38, which is summarized below, lists specific rules for use and protection of Regional Parklands. Violators will be subject to citation or arrest. For more information, ask a Park Ranger, Police Officer, Volunteer Trail Patrol member, or telephone (510) 881-1833. **PARK GATES ARE OPEN** to the public during hours posted at the park entrance. Unless otherwise posted, **CURFEW** is between the hours of 10 p.m. and 5 a.m., except for persons possessing a permit to remain on parklands. **MOTOR VEHICLES** are restricted to designated parking areas and paved public roads. **BICYCLES** may be ridden on designated bicycle trails, and on fire or service roads, unless otherwise posted. Bicycles are not permitted, either ridden, walked or carried, in areas posted "No Bicycles," or on narrow hiking or narrow equestrian trails. State law requires that all bicyclists under age 18 wear an approved helmet while riding on trails and roadways. Riders should call out or sound a warning when overtaking other trail users. **DOGS** must be leashed (six-foot maximum) and under control at any posted area, parking lot, picnic site, lawn or developed area. No dogs or other animals are permitted at any swimming pool, beach, wetland or marsh. Owners must always carry a leash (six-foot maximum). Dogs may be off-leash in open space and undeveloped areas of parklands, provided they are under control at all times. Dangerous animals are not allowed in the parks. Please dispose of your dog's waste by placing it in a garbage can. Persons who walk more than three dogs at a time on Regional Parks trails must obtain a permit; please call (510) 690-6508 for info. **SWIMMING, WADING** and other water contact activities are permitted only in designated areas. **DIVING** is permitted only from designated diving boards and swim platforms. **SCUBA** diving is prohibited in any District lake or inland waters unless authorized by the District. **PLANTS, ANIMALS, GEOLOGIC, ARCHAEOLOGIC OR HISTORIC OBJECTS** are protected by law. Please do not disturb or remove any of these features. **HELP PROTECT OUR PARK WILDLIFE** by not releasing or feeding ducks, cats or other animals. Do not feed wild park animals; enjoy them from a distance. **FIRES** are permitted in barbecue pits or personal cooking equipment in designated picnic areas or irrigated turf areas only, placed at least 30 feet from flammable materials. Please do not place hot coals on the ground or in a garbage can. Dispose of hot coals or other burned fuel in barbecue pits or in provided hot coal disposal containers. **CAMPING** is not permitted within District parklands without a permit. A state license is required to **FISH** at all Regional Parks. A District fishing permit is also required when posted. **ALCOHOLIC BEVERAGES** are not permitted at pools, swim beaches, on any Regional Trail, or within 50 feet of paved roads, parking lots or posted areas. Alcohol is not permitted in specific parks where alcohol has been prohibited. Otherwise, beer and wine are permitted at picnic areas and elsewhere on parklands. **GAMES and ACTIVITIES**, including model rockets, model airplanes, hang gliding, golf and other activities with potential risk to property or park visitors are permitted only in designated areas. **ASSEMBLIES, PERFORMANCES, SPECIAL EVENTS** or similar gatherings require a permit. Please be considerate of other park visitors if you use a **RADIO**. A permit is required for **AMPLIFICATION** of voice, music or other sounds. **GENERATORS** may not be used without a permit. **FIREARMS** or **BOWS AND ARROWS** are not permitted on Regional Parklands except at established ranges. Crossbows, spears, slingshots, air pistols or rifles, and other dangerous weapons are prohibited anywhere on Regional Parklands. **PARK VISITORS** are responsible for knowing and following park rules.